

Who Should Use Cellfood?

The Healthy - Oxygenating, Energizing, Detoxifying Cells
- Preventing imbalances that could cause diseases

The Sporting - Optimizes performance, Lowers heart rate
- Decreases lactic acid, Accelerates recovery

The Ailing

- Cancer
- Circulatory problems, e.g. diabetes, cardiovascular conditions, blood pressure
- Chemical imbalance and Nutritional deficiency, e.g. ADD, ADHD, diabetes, malabsorption syndrome
- Arthritis
- Strokes
- HIV & AIDS
- Degenerative diseases, e.g. Alzheimer's, Parkinson's
- Stress disorders

What Cellfood can do for you - Assists in:

- **oxygenating the blood stream, and energizing the body**
- **cleansing, restoring and regenerating cells**
- **providing essential nutrients at cellular level**
- **restoring cellular memory and assisting assimilation**
- **balancing and re-energizing the immune system**
- **dealing with degenerative diseases**
 - **improving brain activity and reducing stress**

How Should I Take Cellfood?

- * Cellfood is a liquid concentrate, taken by mixing a number of drops in a quarter glass of distilled or filtered water.
- * Ordinary tap water or boiled water may lessen the efficacy of Cellfood.
- * One can also mix it with red grape or carrot juice.
- * Can be taken undiluted, under the tongue, in emergencies.

When And How Much Cellfood Should I Take?

- * Cellfood can be taken at any time.
- * Normal adult dosage: 25 drops - first thing in the morning. Vary dosage according to age and bodily requirements.
- * At night for sleep apnoea.
- * Before and/or after exertion for more energy and dissipation of lactic acid.
- * Before and/or after meals for better digestion.
- * Several times a day when feeling ill, or for medical conditions.

Can Anyone Use Cellfood?

- * Cellfood can be used by anyone.
- * No known side-effects, and one cannot overdose on it.
- * Hypersensitivity to an ingredient, e.g. sulphur, consult a health practitioner.
- * Detoxification - start on low dosage if one has medical condition.
- * Children - one drop per year of age.

Is Cellfood A Medicine?

NO! Cellfood is not a medicine, and has no medicinal or pharmacological effects on the body.

Cellfood is an unparalleled formulation of nutritional ingredients that have numerous, well-researched, beneficial and natural effects on the body.

Can Cellfood Be Used With Medications?

Cellfood can be used with other medications and health preparations. It, in fact, makes them more bio-available, because of its Micro-Activation and Electroculture properties, and because it lowers cell surface tension.

For How Long Should I take Cellfood?

Because Cellfood is an advanced cellular nutritional supplement:

For the Healthy - just as you eat daily; so, Cellfood should be taken daily for its advanced cellular nutritional benefits of oxygenating, energizing and detoxifying the cells; as well as balancing all bodily systems in order to prevent diseases.

For the Sporting - similarly, because Cellfood optimizes performance, lowers heart rate, decreases lactic acid build up, and accelerates recovery; it should be taken on an on-going basis if you want to continue enjoying these benefits.

For the Ailing - Cellfood does not 'cure' a medical condition. It provides the body with elements it requires to bring about its own balance or 'cure'. These elements were obviously deficient, which led to the particular medical condition. Therefore, when you obtain benefits from taking Cellfood, you must continue taking it if you want to continue obtaining the benefits.

Is Cellfood Prepared In An Acidic Form?

- * Yes, Cellfood is prepared in an acidic form to protect its elements, and give it an indefinite shelf-life.
- * When Cellfood comes into contact with the enzymes in the mouth, it is immediately buffered to a neutral level (pH 7.0), and should have no adverse effect on the user.

How Does Cellfood Highlight Weaknesses?

Cellfood often highlights weaknesses while assisting the body to balance, detoxify, and restore. For example:

- * Teeth sensitivity (even if Cellfood does not make contact with the teeth)
- probably calcium deficiency.
- * Headaches - probably breaking down of plaque and toxins in minor blood vessels in the brain.
- * Kidney pain - breaking down of kidney stones to be eliminated.

Reduce dosage to slow down elimination, and consult a health practitioner/nutritionist about any deficiency that is highlighted.

What Is Detoxification?

- * Cellfood supplies the body with essential elements to strengthen it and enable it to liquify accumulated waste and toxins lodged in tissues, organs and cells.
- * Body eliminates this in various forms, e.g. phlegm, mucous, urination, etc.
- * Elimination/detoxification may cause more frequent bowel movements and urination, slight nausea, mild headaches, other aches and various discharges.
- * Important to go through detoxification or 'healing crisis', and not stop it.
- * Body reaches new level of vitality afterwards.
- * Takes 1 - 7 days, or longer if there are large deposits of toxins to eliminate.
- * Recurs unexpectedly from time to time as body strengthens and reaches new levels of vitality.
- * Detoxification can affect physical and emotional levels.
- * May feel lack of energy when body is dealing with deep internal cleansing processes. Increased energy levels and vitality achieved afterwards.