

DE FALBAIRE Valéry

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MAURITIUS

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VALERY DE FALBAIRE

HIGH LEVEL TRIATHLETE



MAURITIUS NATIONAL CHAMPION 2010
WORLD RANKED 43 U23 in 2010
REGONIZED HIGH LEVEL TRIATHLETE

PERSONAL INFORMATIONS

AGE: 21
Nationality: Mauritian and French
Years of triathlon: 11
Diploma: Bachelor of Podiatry

TRAINING

Full time training in Mauritius since January 2011
Club: High Performance Tri (<http://www.highperformancetri.com>)
Coach: Mick Delmaotte (ITU Coach) and Joel Hauss
In the Mauritian National Swimming Team, coach Benoit Grattepanche

MAJOR GOALS

2011: Swimming Island Games + Triathlon African Games
2012: LONDON Olympic Games
2014: GLASGOW Commonwealth Games
2016: RIO Olympic Games

MAJOR RECENT ACHIVEMENTS

2011: Winner Triathlon Republic Cup
2011 : Winner of Flic en Flac open water swim
2011 : Mauritius National triathlon Champion
2010: 5th ATU African Cup
2010 : Larache International Triathlon- Morocco- 22
2010 : Mauritius National Championships- Mauritius- 1st
2010: Forster Elite Energy Swim- Australia- 1st
2009 : All African Championships- South Africa- 3rd
2009 : Sprintman World Championships- Australia- 1st
2009- 2007- 2006 : ITU sport developement Camps -Hungary-Australia

