

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: Not scheduled.

PROPRIETARY NAME (and dosage form):
CELLFOOD® LONGEVITY

WHY USE CELLFOOD® LONGEVITY?

CELLFOOD® LONGEVITY is a unique formulation especially developed to reduce Homocysteine which is an amino acid found in blood. There is now considerable evidence that homocysteine may prove to be a useful marker for risk of heart attacks, since elevated levels have been detected in people with coronary artery disease.

Also, a study reported in the February 2002 New England Journal of Medicine gives evidence for an association between high homocysteine levels and the risk of developing dementia. The study showed the risk of Alzheimer's Disease was nearly twice as high among those with the highest homocysteine levels.

Homocysteine forms when the body breaks down protein. Normally, several enzymes either turn homocysteine back into methionine (another amino acid), which the body uses to build its own proteins, or they break it down for excretion in the urine.

Exactly how homocysteine causes damage to the body tissue is not clear. It is possible that it damages the delicate cells that line arteries, or it may make blood clot more easily.

Both of these can lead to heart attack, stroke and peripheral vascular disease. Clinical trials were conducted at the University of Pretoria's Institute for Sports Research in 2008 and it was found that the use of **CELLFOOD® LONGEVITY** provided beneficial effects in reducing disease risk as it resulted in a 15% reduction in homocysteine levels and an increase in s-folate levels.

The level of homocysteine in the bloodstream is an excellent indicator of the state of one's health. This level can be measured by means of a relatively easy and inexpensive blood test.

The Homocysteine levels and the respective risk levels as published American Heart Association

"Circulation", vol. 92, 1995. pp.2835 - 2930 are as follows:

6.3 Units and Below	Very Low Risk
6.4 Units to 9.0 Units	Low Risk
9.1 Units to 15.0 Units	High Risk
15.1 and above	Very High Risk

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NOTE: PLEASE READ THE FOLLOWING INSTRUCTIONS BEFORE TAKING THIS MEDICINE:

- Always tell your health care professional if you are taking any other medicine.
- Do not share medicines prescribed for you with any other person.
- Not all side-effects for this medicine are included in this Package Insert. Should your general health worsen if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or health care professional for advice.

WHAT CELLFOOD® LONGEVITY CONTAINS:

CELLFOOD® LONGEVITY INGREDIENTS: (content per 3 spray serving size)	
Calcium Pantothenate (B5)	5.0mg
Pyridoxine Hydrochloride (B6)	5.0mg
Niacinamide (B3)	2.5mg
Thiamine Mononitrate (B1)	0.4mg
Folic Acid	300mcg
Methylcobalamin (B12)	50mcg
Plus Proprietary Blend	
Betaine Anhydrous (TMG Trimethylglycine)	
L-D-Riboflavin (Vitamin B2)	
Adenosine-5'-Triphosphate (ATP)	
L-Glycine	
L-Glutamine	
L-Serine	
L-Lysine	
L-Proline	
Cytidine	
Thymidine	
Adenosine (dATP)	
2'-deoxyadenosine	
2'-deoxycytidine	
L-Aspartic Acid	
6-Amino-9-Beta-D-Ribofuranosyl-9H-Purine	
2'-deoxyguanosine	
Other Ingredients	
Cellfood®	Xanthan Gum
Purified Water	Potassium Sorbate
Glycerine	Grapefruit Seed Extract
Natural Flavours	Rebaudioside A
Approximately 150 sprays per bottle.	
Improved flavouring due to all Natural Flavouring being used.	

INDICATIONS:

CELLFOOD® LONGEVITY contains the five essential nutrients for reducing elevated levels of homocysteine in the bloodstream as well as **CELLFOOD®** which is the leading oxygen mineral supplement formulation that oxygenates, energises,

cleanses and nourishes your systems throughout the day.

CELLFOOD® has been marketed for over 50 years and is currently available in over 90 countries worldwide.

CELLFOOD® LONGEVITY is available at selected pharmacies and health shops.

CELLFOOD® LONGEVITY contains ingredients from natural organic sources, and contains no alcohol, glucose, yeast, gluten or animal products; is non-addictive, non-toxic, non-invasive and there has been no animal testing.

INTERACTIONS

CELLFOOD® LONGEVITY can be used in conjunction with other preparations, supplements or medicines.

CONTRA-INDICATIONS

None known.

PRECAUTIONS AND WARNINGS

If you are taking medicines on a regular basis, concomitant use of the medicine may cause undesirable interactions. Please consult your doctor, pharmacist or other health care professional for advice.

If you are pregnant or breast feeding your baby whilst taking this medicine, please consult your doctor, pharmacist or other health care professional for advice.

Persons with elevated uric acid levels should consult a health practitioner before using this product.

KEEP OUT OF REACH OF CHILDREN.

This medicine has not been evaluated by the Medicine Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

DOSAGE AND DIRECTIONS FOR USE

Adult Dosage: Shake bottle gently before using. For homocysteine-reducing benefits, take 3 sprays of **CELLFOOD® LONGEVITY** twice daily.

SIDE EFFECTS

Those that have a tendency to form siliceous renal calculi should be cautious about using supplemental silica.

POTENTIAL ALLERGENS

None

IDENTIFICATION AND PRESENTATION
CELLFOOD® LONGEVITY is a light orange liquid with a mixed fruit/citrus taste and a fruity sweet odour.

The product comes in a 29ml white bottle with a cap and a blue label in a box containing a spray and a Package Insert and Patient Information Leaflet.

FORMULATOR

CELLFOOD® LONGEVITY was formulated by Dr. Todd Ovokaitys who is a medical graduate of the Johns Hopkins and Georgetown Universities (USA).

He is a certified Physician, Internist, Pulmonary and Intensive Care Specialist.

STORAGE INSTRUCTIONS

KEEP OUT OF THE REACH OF CHILDREN.

Store out of direct sunlight, below 25C, before and after opening.

DATE OF PUBLICATION OF THIS PATIENT INFORMATION LEAFLET
January 2014

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Manufacturer:

NuScience Corporation, Lancaster, USA, CA, 93535

Distributor:

Vitality Cell Food (Pty) Ltd t/a Oxygen For Life SA, Portion 129, Driefontein 179-IQ, Muldersdrift 1747, South Africa

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OXYGEN
FOR LIFE®

Cellfood®
Oxygen Mineral Supplement

LONGEVITY
Homocysteine
Regenerating
Formula