



PACKAGE INSERT

PROPRIETARY NAME
(and dosage form):
CELLFOOD® SHAPE

SCHEDULING STATUS:
Not scheduled.

PHARMACEUTICAL CLASSIFICATION:
A32.2 Other, Complementary medicine
- Nutritional.

INDICATIONS:
CELLFOOD® SHAPE is an amazing product that increases oxygen saturation in the bloodstream whilst addressing the problem of insufficient cellular aerobic respiration and lack of energy.

The increase in the oxygen saturation in the body results in significant energizing and cleansing effects, which are essential for body-shaping purposes.

CELLFOOD® SHAPE contains **CELLFOOD®** which is the leading oxygen mineral supplement formulation that oxygenates, energises, cleanses and nourishes your systems throughout the day.

CELLFOOD® SHAPE has been marketed for over 50 years and is currently available in over 90 countries worldwide.

CELLFOOD® SHAPE is available at selected pharmacies and health shops.

CONTRA-INDICATIONS
None known.

CELLFOOD® SHAPE
CELLFOOD® SHAPE can be used in

conjunction with other preparations, supplements or medicines.

COMPOSITION:

Each 100ml bottle of **CELLFOOD® SHAPE** contains about 900 drops of product; and each dosage of 20 drops contains 110mg Garcinia Cambogia Extract (Citrin K) and 90mg L-Carnitine. **CELLFOOD® SHAPE** also contains 250mg **CELLFOOD®** made up of a proprietary Blend consisting of plant sourced Calcium, Copper, Iron, Magnesium, Manganese, Phosphorous, Potassium, Sulfur, Zinc, Silicon, Liquid Seaweed (Lithothamnium Calcareum) and Purified Water.

The ingredient, **Garcinia cambogia extract (Citrin K)** inhibits the production of ATP-Citrate Lyase in the body, resulting in a reduction of the synthesis and storage of fat and cholesterol.

(1)

Participants in an 8-week, double-blind trial in the U.K. during 1998, who were taking Garcinia cambogia extract (Citrin K), reported an average weight loss of 5.0 kg per person, compared to 1.9 kg by those using only a placebo.

(p.76) (2)

A long-term, double-blind research project during 2000 and 2001, conducted at the University of Pretoria's Sports Institute, compared the efficacy of **CELLFOOD® SHAPE** to a placebo, and reported:

- Increased oxygen intake by the body (VO2 Max increased up to 6.2%); and
- Increased energy delivery to working muscles (Haemoglobin oxygen saturation increased up to 9.6%).

(3)

This research showed clearly that the ingredients in **CELLFOOD® SHAPE** increase the oxygen saturation in the body, resulting in significant energizing and cleansing effects, which are essential for body-shaping and energy-generating purposes.

(1) Sunny E. Ohia, et al., "Safety and mechanism of appetite suppression by a novel hydroxycitric acid extract (HCA-SX)", Molecular and Cellular Biochemistry 238, 2002.

(2) Holford, Patrick, "The 30 Day Fat Burner Diet", London: Judy Piatkus Publishers Ltd., 1999.

(3) Nolte, H.W., "Efficacy of Ergogenic Aids in Endurance Athletes", Sports Institute of the University of Pretoria, 2002.

PRECAUTIONS AND WARNINGS

If you are taking medicines on a regular basis, concomitant use of the medicine may cause undesirable interactions. Please consult your doctor, pharmacist or other health care professional for advice.

If you are pregnant or breast feeding your baby whilst taking this medicine, please consult your doctor, pharmacist or other health care professional for advice.

KEEP OUT OF REACH OF CHILDREN.

This medicine has not been evaluated by the Medicine Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

DOSAGE AND DIRECTIONS FOR USE
CELLFOOD® SHAPE At least three hours after your last evening meal, add 20 drops to a glass containing 100ml water or fruit juice, preferably carrot or red grape juice, and drink it just before going to bed.

CELLFOOD® SHAPE Under 12 years of age and Pregnant and Nursing Mothers - Please consult a Health Care Practitioner before using **CELLFOOD® SHAPE**.

Sufficient quantity for 30 days.

IDENTIFICATION
CELLFOOD® SHAPE is a clear liquid with

a slightly sour, lemon taste and comes in a 100ml white bottle, in a box containing a Dropper, Package Insert and Patient Information Leaflet.

POTENTIAL ALLERGENS

None

STORAGE INSTRUCTIONS

Store out of direct sunlight, below 25C, before and after opening.

DATE OF PUBLICATION OF THIS PATIENT INFORMATION LEAFLET
January 2014

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Manufacturer: NuScience Corporation,
Lancaster, USA, CA, 93535

Distributor: Vitality Cell Food (Pty) Ltd
t/a Oxygen For Life SA, Unit 5,
Rock Cottage Office Park, Cnr John
Vorster & Christiaan de Wet Roads,
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